**Activity:** 100 meter dash challenge

**Content:**

Brightonians! Get ready to feel the rush of wind as you sprint towards the finish line in this thrilling 100 meter dash challenge. In this fast-paced game, we will test your speed and agility against other participants as you compete for the title of this game. So lace up your shoes, get into position, and get ready to dash your way to victory! Good luck!

**Eligibility of Participants:**

* Each division must have participant/s in each category.
* Participants should be a bonafide student at New Brighton School of the Philippines, Inc.
* The division representative should register the participants online through the google form which will be posted along with the event pub mats.
* In order to prevent unwanted situations, participants must be in good health and be physically fit.

**Mechanics of the Game:**

• The race will take place on a standard 100-meter track.

• Athletes must remain in their lanes before the race starts

• False starts are not allowed. Athletes who false start will be disqualified.

• The race will commence right after the facilitator will give his/her signal.

• The winner is the first athlete to cross the finish line.

• Athletes are not allowed to obstruct or impede their opponents during the race. Doing so may result in disqualification.

• Athletes must finish the race under their own power. Being assisted in any way may result in disqualification.

**Materials Needed:**

• Whistle

• Running shoes

• Stop Watch

• Flaglet

• Tali (para unta sa finish line if necessary)